

IMPULSION

News from the Kentucky Dressage Association

Equine Art

The painting to the right is by local artist Erin Salyer-Sullivan. Please submit pictures of local equine art to kyeventing@gmail.com so we can share!

Snowbird Dressage Shows at the Kentucky Horse Park

January 13
February 10
March 3

For more information-<http://www.heronwoodfarmky.com/snowbirddressage.html>

The Neigh

A new light-hearted column about Bluegrass dressage horses and ponies is debuting in this newsletter. KDA horses will be chosen at random for interviews.

The first chat is with Hampton, who employs Karen Taylor to look after him.

We picked Hampton to complete the first interview in honor of Karen's five years as editor of the newsletter.

We look forward to hearing the stories straight from the horse's mouth! Ashley & Jeannie



Dear KDA Members and Friends,

At last I find myself writing my final president's letter for our newsletter and can reflect on the past two years and be pleased with all we've accomplished. It's also time to venture down some new avenues this coming year and begin to question those things we could not improve upon. Our annual awards banquet at the CastlePost was a new adventure which seemed to be a success on all counts. We will continue to seek out new venues to keep the event interesting.

Our clinic schedule now holds at least one highly sought-after clinician, and in 2018 Lilo Fore will be the highlight of our schedule. Our show schedule will remain similar to last year's with the wonderful addition of the North Central Series Breed Show finals in July and the USDF Region 2 championships in October. We are also working diligently to add a part-time paid staff member to handle some of the growing workload of our association.

One of KDA's major struggles for several years now has been the continuous rise in costs at the Kentucky Horse Park. This year will be more expensive than 2017 in many respects. We have made some progress, on paper, on installing new rings in the Dressage Complex at the park, but red flags have



Lilo Fore Clinic

Location: TBD (Lex area)

Dates: 3-5 Aug 2018

Costs: \$125/members; \$175 non-members

Auditing: \$20/day includes lunch and drinks

Stabling/Facility charge:

TBD by hosting facility

Lilo Fore, originally from Germany, grew up outside Dusseldorf. Her dressage journey began at age 4 when she saw her first horse and from then on she knew horses would dominate her life. Lilo moved to the USA in 1971 where she bought a broken three year old American thoroughbred called Dionysus for \$1. Fore trained the horse so well that he went on to be US "Horse of the Year" at every level. Lilo's career has spanned over 35 years and has included breeding, competing, training, coaching and judging. She was shortlisted for the USET in 1976 and is a currently retired FEI 5 dressage judge. In that role she has been a member of the Ground Jury for numerous international competitions such as this year's World Cup final in Las Vegas, Olympics, Pan American Games, and World Equestrian Games including the recent 2014 WEG in Normandy. Regarding our clinic, she says, "We will make it fun!!".*

emerged as we have gone into further detail and researched the costs. Though rising costs are worrisome, rest assured we will do everything we can to keep the shows as affordable as possible. More information in our newsletter will be shared as we work through these challenges.

In the pages of this issue you will find discussion of a security wristband for our dressage riders. The board would like to encourage all riders participating at our shows to purchase and wear a medical bracelet. We will be working on offering these at our May shows, possibly at a discounted rate for members.

KDA will once again offer our volunteer clinic on Feb. 17. If you or a friend would like training in scribing, bit checking, ring stewarding, or scoring, don't miss out. Please see the enclosed flyer for more information.

In closing, I would like to share what I've learned in the past two years. First, step out of your comfort zone; you are capable of doing much more than you think you are. Be brave. Second, enjoy your horse(s) in every capacity. You don't have to ride to find joy with your horse. Most importantly, contrary to what you may have been told, you must put yourself first. Take great care of yourself so you are able to take care of others you love and all you are responsible for. Finally, break out the fine china and your best silverware. Every day here with friends and family is a day worth celebrating. Don't wait.

Best Wishes,

Cindy



USDF Convention, Lexington, Kentucky

I attended the USDF convention in Lexington earlier this month and enjoyed meeting dressage enthusiasts from around the country. I feel our sport is gaining strength and growing, which is good for all of us. One area I was glad to see USDF trying to improve has to do with freestyles. Judges met at the USDF Finals and during the convention to educate judges about legal movements and scoring. You may have heard several people were disqualified at Regionals for performing illegal movements at their levels, though they had shown all year with no adverse consequences. This type of continuing education is wonderful, and the more consistent judges can be at national shows, Regionals and the Finals the more this will make us all better riders. I wish all a happy holiday and thank you to everyone who volunteered this year for KDA. It takes each and every one of you to make the KDA ship sail.

Michelle Morehead

Ring Steward, Bit Checking, Scribing & Scoring Clinic Feb. 17, 10-2 pm

KDA is sponsoring a free clinic to members or other dressage enthusiasts to learn more about being a Ring Steward, Scribing and Scoring at a dressage show. The clinic will be from 10 a.m. to 2 p.m. at the Central Kentucky Riding for Hope building at the Kentucky Horse Park. You need to email Sheila Woerth at swoerth@twc.com, if you wish to attend so we have proper seating and materials for all attendees.



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Rider Accidents at our KDA Shows: My Experience as Safety Officer


There have been three serious rider accidents at our USEF/USDF sanctioned KDA shows at the Kentucky Horse Park since 2006. All were scary. All required our EMT and Anne Kuhns, our show manager, to call 911 and have a Lexington fire truck and ambulance come onto the grounds, assess the riders, and transport them to the University of Kentucky Medical Center, a level 1 trauma center. Each accident made Anne and I alter and add to the safety plan we are required to develop and provide to our technical delegates before the shows begin.

Two of the accidents occurred in the Dressage Complex and one in the Rolex Arena. The first one in the DC made us increase the number of EMTs that we hire, so we have an EMT at each of the venues we are running at the same time.

We also began coverage from dawn till dusk. The second accident made us emphasize

that the EMT is in charge. The rider may have a friend there who is a physician, but that MD may be an OB/GYN and not a trauma surgeon. The third accident in a warm-up arena in the DC brought up a stark fact: Eventing riders are required to wear a medical badge of some kind while dressage riders are not. Initially, no one, who rushed to this third rider's aid knew her.

This past fall, in a fourth accident at a show at the park, an event/dressage rider came off on her way from the DC to her trailer, which was parked a half mile away. This accident has sparked discussions not only on Facebook with Dr. Carleigh Fedorka, an event and dressage rider, but also with Reese Koffler-Stanfield, who was on the USEF Safety Committee for two terms and now is on the USEF High Performance Dressage Rules Working Group; Cindy Smith, KDA board member and past president; and me. This




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last rider had a medical wristband on, but it only had a medical symbol on it. In order to access the information, an app on a phone was needed. The app on the EMT's phone wouldn't connect to the program. There are parts of the Kentucky Horse Park that do not have internet service. Of course, the EMT continued to assess the rider. She was known to everyone who had come to help.

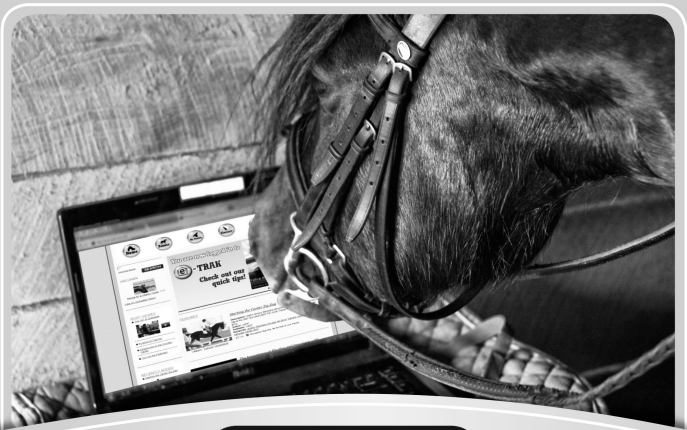
As a result of the Facebook discussions, when it was noted that even ERs may not have the program app, I called Jerry Clemons, CEO of Safety Tech, our EMT. I asked which medical ID band he liked best. He said he liked the old ones that event riders wore on their arm, as the information was written out on it. Then, I called RoadID and RideSafe, two companies that make runner and rider ID bands.

Reese, Cindy, and I believe we, and KDA, need to take the lead in researching companies that produce medical IDs and really encourage dressage riders to get one. Whether you are riding alone at home, at a show, or at a local venue such as Masterson Station Park in Lexington, you really should have a medical ID band on your wrist. If riding with friends, they may not know your emergency contact's information. Wear the ID band all the time. It could help save your life.

I've talked with Stephanie Davis, the veterinarian in Virginia who started RideSafe. Her husband is a runner and has a RoadID bracelet. She is coming to The Land Rover Kentucky Three Day Event in April as a vendor. I'm meeting with her and will get my own ID band. I've thought about what I want on mine. I can have five lines. Information would include my name, my kids' names and phone numbers, my blood type, and my allergies.

Wearing a helmet, whenever you ride, has become standard. Let's make wearing a medical ID, with written information on it, become standard for dressage riders.

Sheila T. Woerth, RN, BSN
KDA Show Chairman and Safety Officer



e-TRAK

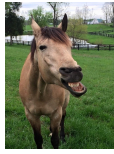
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The Neigh

Name: Hampton

Age: 11

Breed: TB/Hannovarian/Clydesdale cross

Level: PSG

Person: Karen Taylor

Where did you and your person meet?

I was a young, wild stallion, roaming free on the range. Uncatchable and fierce! (Edit from Karen: Actually, a good friend of mine who bred him needed to sell some young horses quickly and asked if I was interested in an unbroke 2 year old. I said I would “come look” and the rest is history.)

What's your favorite memory you have shared with your person?

When I was younger, my human took me to a clinic where I learned to herd young buffalo. Other horses seemed really good at this task. Mostly I just pranced around and snorted at them, but it made my human laugh and give me a lot of treats. So I would do it again.

If you weren't busy being an awesome dressage horse, what industry would you work in?

My human tells me that if I want to retire from dressage, I would make an awesome hunter or a vaulting horse. Vaulting sounds pretty cool. Except I am 17 hands, so the peoples may need some sort of trampoline.

Tell us about your best equine (or non-human) friend. If you had a free pass to leave the farm, where would you all go first?

I would really like to kidnap the resident donkey. He seems oblivious to my obsession with him, even though I snort and prance every time my human and I walk past his field.

Tell us about your favorite move to stay in shape?

Well I used to love to buck and leap in flying changes, but my human wasn't a fan and now she wants me to change my canter leads all the time (she is so indecisive!) So now I have picked up interpretive body art to stay in shape.

What is your favorite way to relax after a show?

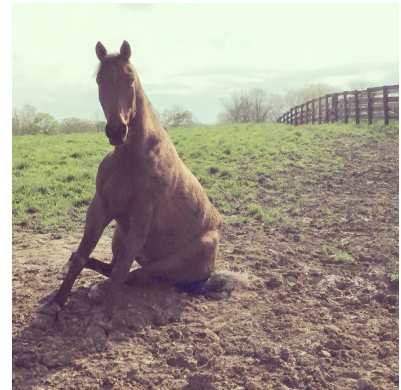
Rolling in the mud. The filthier I can get the better. I will go so far as to rub mud into my eyeballs. Then my human has to give me an extra-long grooming to remove the mud – which is nice, but then I have to re-do my interpretive body art.

If you could win a free year's supply of your choice you would choose?

Peppermint Tums

What would you tell the dressage judge about you?

It seems the higher the score you give my human, the happier she is and the easier I can convince her to give me extra treats. And also, take it easy on my human. She says she has another job besides dressage that lasts eight hours a day. I can't imagine not having time for my body art!



2018 KDA Events

May 25-27 KDA Warm-up Show & KDA 32nd Annual Dressage

July 5-7 KDA Summer Classic I and II, National Dressage Pony Cup Championships,

KDA Summer Classic I, KDA Breed Show
KDA Summer Classic II, KDA Breed Show II

July 7 USDF North Central Breed Championship

August 4-8 Annual KDA Schooling Show

October 11-14 KDA Fall Classic & USDF Region 2 Championships

November 17 KDA Awards Banquet & Annual Meeting

November 18 KDA Schooling Show

KDA 2018 Proposed Clinics

KDA Scoring, Scribing and Ring Stewarding Clinic – February 17

Susan Beebee – June 9-10

Gwen Poulin – June 15-17

Lilo Fore – August 4-6

George Williams – Date TBD

Dates, locations, and pricing will be posted on the KDA website as they become available.

Renew your memberships to be eligible for KDA clinic sponsored pricing & members get first preference on rides.

KDA Business Members

Gold Business Members



Silver Business Member



KDA Basic Business Members



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revised 2/28/16

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If you would like to participate in one of these committees, please contact Cindy Smith.



KDA Mission Statement

The Kentucky Dressage Association, Inc., a 501 (c) (3) non-profit, is a group member organization of the United States Dressage Federation.

The purpose of the KDA is to promote and strengthen the art and sport of Dressage in the Commonwealth of Kentucky. KDA will provide leadership to its members to assist them in fostering individual and collective growth by providing education, publications, competitions, exhibitions, and increasing general public awareness for Dressage.

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